



Youth Affairs Department  
Government of Sindh



Habib University Foundation

## Expression of Interest for Female Youth Health Counselor

Youth Affairs Department, Government of Sindh in collaboration with the Habib University Foundation (H.U.F.), has initiated a project titled “YES” - “Youth Empowering Spaces” - an innovative youth development framework aspiring to create inspiring learning and growing spaces and to provide youth with opportunities to become personally, socially and economically empowered. YES recognizes empowerment as a multidimensional process enabling youth to gain personal power and confidence to manage and improve their own lives and the lives of their families and communities in a conscious, proactive and self-controlled way. YES program is being implemented in Karachi, Jamshoro and Matiari.

### Name and Address of Procuring Agency

**Name:** Youth Affairs Department, Government of Sindh for YES Project

**Address:** Third Floor, Tughluq House, Sindh Secretariat No. 2, Karachi

The consultant will work with the collaborative partner of the Department for YES project i.e. Habib University Foundation through YES team at the Institute for Advancing Careers and Talents, Saudabad, Malir, Karachi

### Scope of the Services Required

One of the core themes of YES project is related to Awareness and Guidance. Under this theme, seminars and one-on-one guidance is provided to youth for their mental, emotional and physical wellbeing as well as how they can plan their careers based on their interests and aptitude.

Services of a Female Youth Health Counselor are required to undertake the following tasks:

1. In collaboration with YES Team, develop and implement a plan for the one-on-one health specially psychosocial health guidance for female youth of Karachi and Matiari.
2. Develop tools to record the data of participants and the guidance process

3. Analyze the data and develop small report on critical issues and concerns faced by young females vis-à-vis their social and psychosocial health
4. Identify common issues and conduct small group discussions and seminars for female youth in Karachi and Matiari.
5. Identify organizations or individuals through which youth can get more advice and support.

#### **Duration**

The duration of service will be from Mid-January/February 2013 to June 2013. The timings would be from 10.00 a.m. to 6.00 p.m. from Monday to Saturday. Timings may vary to some extent depending upon the response of females. Services will be required at the Institute of Advancing Careers and Talents, Malir where this initiative is housed and in Matiari

#### **Deadline:**

The last date of EOI submission is <sup>31st Jan. 2013</sup> ~~15th~~ January 2013. The shortlisted candidates will be contacted for submitting a written proposal.

#### **Place of Submission**

All applications/EOIs must be sent to:

EOI for Female Youth Health Counselor  
Mr. Khurshid Ali Sheikh  
Director Youth Affairs Department  
Government of Sindh  
Project Director iLEAD  
Room # 112-113  
First Floor  
Sea Breeze Plaza  
Shahra-e- Faisal Karachi

OR

Project Manager YES at  
[nbmerchant@huf.org.pk](mailto:nbmerchant@huf.org.pk)

OR

EOI for Female Health Counselor  
Project Manager YES  
Institute for Advancing Careers and Talents  
Plot # 51/39 Pilot Social Welfare Complex, opposite to Bhattai Rangers and near Colony Football Stadium, Saudabad, Malir, Karachi Pakistan

## Shortlisting and Evaluation Criteria

**Total 30 Marks**

- |   |                 |
|---|-----------------|
| <b>I. Qualification of the Applicant</b>                          | <b>5 Marks</b>  |
| a. Qualification in both, Physical and Psychosocial health (5)    |                 |
| b. Only in Physical health or Psychosocial Health (2)             |                 |
| <b>II. Experience of the Applicant</b>                            | <b>6 Marks</b>  |
| a. Four year and above experience (6)                             |                 |
| b. Two to less than Four Years (4)                                |                 |
| c. Less than two years (2)  |                 |
| <b>III. Quality of the Outline Submitted</b>                      | <b>13 Marks</b> |
| a. Clarity of ideas (3)   |                 |
| b. Feasibility of proposed ideas (3)                              |                 |
| c. Innovativeness of ideas (4)                                    |                 |
| d. Reasonableness of Estimated Cost (3)                           |                 |
| <b>IV. Commitment and Enthusiasm</b>                              | <b>06 Marks</b> |
| a. Willingness to work in Karachi and commute to Malir (2)        |                 |
| b. Willingness to travel to Matiari two times in a month (2)      |                 |
| c. Willingness to undertake documentation and writing process (2) |                 |

## Who Can Apply?

The Youth Affairs Department invites Expression of Interest (EOI) from individuals interested to provide their services. The interested individuals must meet the following criteria

- Possess knowledge of youth issues and concerns related to their health and emotional wellbeing.
- Possess relevant qualification to deal with physical health issues as well psychosocial health issues
- Possess experience and skills for counseling and advising youth.
- Have ability to network and liaison with various organizations and individuals related to health and emotional wellbeing.
- Experience and skills for seminars and workshops.
- Experience of organizing medical camps and events.
- Degree in clinical psychology or health (preferable).

## What needs to be Submitted?

Interested eligible individuals may submit EOI with the following details and portfolio.

- Letter of Interest on the Application Form attached with this announcement
- Detailed CV

- One page outline to describe how the applicant will undertake the task described in scope of services and estimated cost of services.

### **Process of Selection**

- After the scrutiny of all the Eols received, shortlisted candidates will be invited to submit the detailed proposal for which detailed guidelines will be issued.

## Application Form

### Section A: Letter of Interest

To,

Mr. Khurshid Ali Sheikh  
Director Youth Affairs  
Government of Sindh  
Karachi

Subject: Shortlisting of Individuals for Female Health Guidance

Dear Sir,

I would like to apply for the consultancy services asked under the EOI published for it. I have read the EOI and agree with all the terms and conditions.

Attached are the following documents

- Details of Experience
- My details CV
- Outline of the proposed Ideas

I will be available for meeting if further information is required

Best Regards

Sign

Name

Section B: Details of Experience

Name of the Consultant	
Working with youth since	
Address	
Contact Details (phone and email)	
Two Examples of Work done with youth for their health guidance	<b>Example 1:</b>
	<b>Example 2:</b>

## Section C: Outline of the Proposed Plan

### Key Activities

In light of the scope of services, I would like to undertake the following activities to engage female youth